

NEIGHBOURS OF THE KINGSWAY

OCTOBER 2016

An exclusive voice for the Kingsway families and their stories.

Meet The
Owen Family:
They Have
One Of
The Best
Halloween-
Decorated
Houses

pg. 4



Best Version Media



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by Nick Scuralli,
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Hi Kingsway Residents,

Hope you are enjoying the fall season so far. Fall has the best of both worlds. You can choose to stay inside, curl up with a good book and wear your comfiest cardigan or venture outside and enjoy the crisp air and beautiful coloured leaves. This season also features two major holidays, Thanksgiving and Halloween.

Our resident feature family, the Owens, have one of the best-decorated Halloween houses in the Kingsway. Every year they go all out. Read about the Halloween decorating process and what the holiday means to them on page 4.

Looking for more Halloween fright? You can attend The Old Mill Toronto's Haunted Halloween Party and Montgomery's Inn's Shades of Old Islington: Graveyard & Tavern Tour by Lamp Light events.



Happy Fall!

Jackie Allan

Jackie Allan
Content Coordinator
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Making Memories: Halloween And World Travels



Photos by Nick Scarrall and submitted by Gareth Owen

Jackie Allan

Every Halloween the Owen family spookify their home, impressing trick-or-treaters and parents alike.

The Prince Edward Drive home always looks its best for Halloween with fun, eccentric, and ghostly decorations.

"Halloween is an exciting time for us in October and in September," says Gareth. "As a family we go out scouting and selecting new Halloween decorations or props that meet the G-PG rating system so all the children at Lambton Kingsway School (LKS) and the surrounding neighbourhoods can enjoy. We do a lot of searching in Canada and the United States for just the right decorations."

Last year, Gareth, Katherine, Cassandra, 11, Kaitlyn, 9 and Kaden, 7, calculated they had about 1,100 trick-or-treaters.

"We measure how many people visit by the number of chip bags we hand out," says Katherine. "Some of the TV stations came by last year which probably attracted more people to our house."

Gareth and Katherine love seeing all the faces of children (including their own) enjoy the decorations as well as seeing adults become children again as they view the Halloween landscape-the laughter is contagious.

"Halloween truly represents the Kingsway to us. We decided we wanted to live in the area as we drove through the neighbourhood one Halloween on our way to Magoo's restaurant. We could not believe the atmosphere or the sense of community and all the children and parents out laughing and enjoying themselves," says Gareth. "We knew this area represented everything we wanted in a community to raise our children. This is why we wanted to give back to the community – through Halloween, plant-

ing trees at LKS, initiatives like installing speed bumps and extra crossing guards around the school, providing support to neighbours and teachers when we can and where we can. People here make the effort to look after each other so we decided to make the effort on Halloween."

Along with their spooktacular Halloween house, the Owens give back in other ways. The family volunteers together to help developing countries establish baselines for maintaining a sustainable environment with a focus on clean water and sanitation projects in small communities, schools and orphanages.

"As the children grow and travel the world themselves, hopefully they will enter several of these communities to see a small part of how our family has helped others in the world," says Gareth. "They have recently been to Cambodia to see work we are starting at an orphanage. The children are fundraising for this orphanage to provide proper sanitation and clean water accessibility as well as other needs. They will work with their friends and classmates this year at LKS to raise these funds then travel back again with us to aid in the implementation of this project."

The kids love travelling the globe with their parents and helping others and making new friends along the way. They have been to every continent except for Africa and Antarctica. However, Cassandra, Kaitlyn and Kaden will be visiting Africa in 2017 to visit several communities the Owens have assisted in meeting their goals of clean water.

"My work is my family and has been since I met my wife fourteen years ago on a blind date," says Gareth. "Katherine transformed my world view from being a workaholic and bouncing



from one country to the next assisting clients with environmental issues. Before I met my wife, I would be away from Canada 90% of the time for work and now if we are away from Canada, we try to take our family."

Gareth is the President of GOWen Environmental Limited. Katherine works in the

investment industry and is an Executive Vice President and Portfolio Manager for a major mutual fund company. "Finding a balance between work and family is a priority for both of us," says Katherine and Gareth.

"Now our focus is on spending time with each other and our children. I try and create opportunities for my clients, my busi-



to practice their water sports in the colder months such as surfing and windsurfing, but the Kingsway is their home, says Katherine. “They love playing tennis at the Old Mill and the kids almost have their black belts after taking lessons from Master Kwan at National Taekwondo on Bloor Street. You couldn’t ask for a more caring teacher,” says Katherine. “This is truly one of the best places to live in Toronto – great neighbours, a subway ride downtown and a few minutes to the airport. Having the tennis courts/ ice rink, swimming pool and the Shale Pit Park next to LKS to play is icing on the cake to make this special place in the city to call home.”

The Owen family’s favorite Kingsway hotspots include Momiji (at least once or twice a week), Patricia’s Cake Creations for coffee, cupcakes, pastries and the Farmers Market on Montgomery every Wednesday and to get back in shape after these great places. Jennifer Spreckley at Kingsway Pilates keeps them in shape. ♦

Do you know a neighbour who has a story to share? Nominate your neighbour to be featured in one of our upcoming issues! Contact us at jallan@bestversionmedia.com

nesses and my family around the world or within Canada to assist them in creating a sound base for themselves and expose them to other ways of life or thinking,” says Gareth.

They have lived in their Kingsway home for almost 10 years now.

“We bought the house because of the backyard and proximity to the school. We always wanted a big backyard with lots of trees,” says Katherine. “When we bought the house, we got the big backyard but then planted almost 200 trees to create the feeling we were surrounded by nature, even though we are living right in the city. The location and the house are about our children with some things for us. Living steps from the crosswalk does help in getting the kids to school in the morning. We renovated the house to create a big kid and little kid fun house with slack and zip lines in the backyard and a slide inside the house.”

Travelling also gives the Owen kids the opportunity for them

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Carriage Trade Partners With Charity Helping Women In Shelters

By Nori Mirza-Kane

Carriage Trade is proud to announce a new partnership with The Shoebox Project for Shelters, supported by Dream.

The Shoebox Project began as a collaboration between four women from the Mulroney family: Caroline, Jessica, Katy and Vanessa. They were motivated to help women living in shelters, who had been displaced from their homes and facing economic challenges.

Since it was founded in 2011, over 55,000 gifts have been delivered with a value of \$2.75 million. Last year, 135 communities were serviced with 25,000 boxes delivered, and this year’s goal is to reach 30,000 gifts.

The concept is simple. A shoebox is decorated and assembled by the donor to include a variety of items, such as: gift cards, mag-



azines, personal hygiene or beauty products. Each box is valued at \$50.

During the holidays, these packages are distributed by The Shoebox Project volunteers to women in shelters across

Canada and the United States.

“Reducing the feeling of isolation and bringing a sense of dignity and respect to these women are some of the important outcomes of The Shoebox Project”, says Lesley Hendry, Executive Director.

I have always felt passionate about the concept of “women helping women”. Stay tuned for an exciting fundraising event that will be hosted by Carriage Trade for The Shoebox Project this Fall.

For more information on The Shoebox Project, visit www.shooboxproject.com and on social @shooboxcanada ♦

Nori Mirza-Kane is the Owner of Carriage Trade (2984 Bloor Street West at Willingdon). Call 416.231.2238 or visit www.carriagetradeshop.com and on social @carriagetrade



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Thornbrook Home Care

By Fanny Karolev

Etoibicoke is a wonderful place to live, work and retire. Remaining in the comfort of your own home throughout your lifetime is a goal many of us share. For the past 21 years, Thornbrook Home Care has focused on helping seniors remain in their homes with dignity. We believe that, empowering individuals by surrounding them in a safe supportive environment, they can thrive and maximize their health potential at any age in the comfort of their own home, because home is best.

By taking a proactive approach, our compassionate caregiving team helps you maintain good nutrition, while staying active and involved in your community. Often, the physical changes that accompany the aging process impact our energy and ability to engage in social events. Tasks such as grocery shopping, cleaning and driving take more time and energy. Let our competent companions and homemakers do these tasks with you, improving your quality of life and creating peace of mind for your family. Save your energy for the enjoyable activities in life!

Our team members are carefully screened to ensure they are



competent, compassionate and kind caregivers. They are all insured, bondable and available to work periods as brief as one hour, to full time live-in 24 hours per day.

Do not wait until a tragic event such as a fall, hospitalization, or decline in mental and or physical function impact you. Our Nurse Case Managers will meet with you for a no obligation assessment to understand how we can prevent further decline, and support your needs, whatever they may be. Thus saving your family from feeling guilty, worried and overwhelmed trying to help meet multiple priorities.

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Fanny Karolev

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A Healthy Kingsway: Time For A Cleanse?



Janice Pavicic

(Owner)

Healthy Living Plus

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rogers.com

Summer has come to an end and the fall is a great time to kick start your body back into detoxification mode. Detoxification is the body's natural process of elimination of toxic materials from the cells, organs and the bloodstream. Adding a cleanse to your routine helps your body to perform this detoxification more thoroughly and quickly.

The body has seven channels of elimination, which are:

- The liver
- The colon
- The kidneys
- The blood
- The skin
- The lungs
- The lymphatic system

What are some signs that you may need a cleanse?

- Low energy
- Skin problems and eruptions
- Food sensitivities
- Weight gain

- Heart burn or reflux
- Constipation
- Night sweats
- Body odour
- Bad menopause symptoms

There are many different cleanses available to choose from and the choices can be overwhelming. If you have never done a cleanse before then it may be best to stick to a short, mild cleanse to start. Cleanses can last anywhere from seven days to 90 days depending on your symptoms and goals.

Full body cleanses work to stimulate all seven channels of elimination and should be gentle enough that they not cause extreme headaches, nausea or brain fog. You may experience some of these symptoms within the first few days of a cleanse and this is a sign that your body is breaking down and releasing the toxins. The important thing is your body can eliminate these toxins without causing you distress. With any cleanse it is important to add more fibre to your diet. Fibre works to absorb the toxins that have been processed by the liver and bring them to the colon for elimination. Without adequate fibre and water (eight glasses a day minimum) the toxins can get recirculated back into the body.

If you have already done a full body

cleanse you may want to target certain organs such as the liver or kidneys.

Did you know that hormones are broken down in the liver? Many women with extreme menopause symptoms will benefit from a liver cleanse and see a great reductions in menopausal symptoms such as hot flashes, mood swings, brain fog and Urinary Tract Infections (UTIs).

Educated health care professionals can help you determine the best cleanse for you. Come see us for your free consultation! ♦

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The Ultimate River Cruise

By Mitch Champagne

Just recently open to tourism within the past few years, Myanmar, formerly Burma, is one of the most captivating and unspoiled places on the planet. To travel there is to step back in time to a place that has changed little since the British colonial era. Perhaps the best way to see this exotic part of the world is by cruising along the majestic Irrawaddy River as it meanders peacefully through jungle-shrouded highlands and sun-seared plains to its mangrove-dotted delta at the Andaman Sea. This ‘Road to Mandalay’ is a gateway to untouched villages, ancient cities, remarkable culture and captivating panoramas.

In our opinion, the best way to experience the Irrawaddy River is on Avalon Waterways 36-passenger Avalon Myanmar. The Avalon Myanmar is the only ship capable of travelling north of Mandalay to the most scenic part of the river pass lavish shrines, teak forests, and riverside villages lost in time. Tour bustling Mandalay and stop at nearby U Bein Bridge for an unforgettable sampan ride at sunset. See how villagers make candy from the toddy palm tree and take a walking tour through a pottery-making village to see the process



from start to end. Present alms, offerings of food, to the monks at a monastery in Kya Hnyat. In Katha, visit a local market and an elephant camp for a ride through the teak forest. Interact with the local school children and visit a fisherman’s home for a glimpse of daily life at the island village of Kyun Daw. Sail through the dramatic second defile with its magnificent cliffs as the river narrows before reaching Bhamo, the northernmost point ships can navigate the river.

The all-suite Avalon Myanmar, offers a truly intimate experience with a maximum of just 36 guests. Built in 2015, the ship has been meticulously crafted to offer all the modern features you expect but without sacrificing the character of the destination you are visiting. All suites are a spacious 245 sq. feet and feature Avalon’s innovative Open-Air Balcony. With 14 feet of wall-to wall-windows that open a full nine feet to bring the outside in to a large sitting area, each room offers uninterrupted panoramic views. Even the bed faces the window, ensuring you won’t miss a single passing riverscape. ♦

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5	130 Edenbridge Dr	\$2,299,900.00
6	46 Wimbledon Rd	\$2,325,000.00
7	61 Princeton Rd	\$2,468,000.00
8	101 Valecrest Dr	\$2,495,000.00
9	70 Hartfield Rd	\$2,649,000.00
10	39 King Georges Rd	\$2,699,000.00
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September 2016 Kingsway Real Estate Listings (TREB August 2016)

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House #	House Address	Asking \$
21	100 Old Mill Rd	\$4,588,000.00
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23	421 The Kingsway	\$4,980,000.00
24	433 The Kingsway	\$4,995,000.00
25	158 Edenbridge Dr	\$5,600,000.00
26	5 Edgehill Rd	\$5,695,000.00
27	37 Edgehill Rd	\$6,888,000.00
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Music Is Good For Your Heart And Soul

By Ed Lettner

Since the days of ancient Greece and Rome, music has been recognized for its contributions to the emotional, mental and physical well-being of people. Traditional Chinese medicine also refers to the positive effects of specific instruments and musical sounds on various organs of the body.

Today, music therapy is a growing field in health care as the benefits of music are being used to manage pain, calm patients, promotes movement and ease muscle tension. Music is also proving helpful in the treatment of patients with cancer, depression, anxiety and children with ADHD. It also helps put a bounce in your step each day.

Music with a strong beat stimulates brainwaves. Faster beats improve concentration and alertness while slower tempos promote a feeling of calm. From this, your brain learns how to regulate your brainwave activity as needed. This encourages a positive state of

mind, which helps people cope with depression and anxiety, and contributes to one's level of optimism.

Research has shown music played at approximately 60 beats per minute stimulates our alpha brainwaves, which promotes relaxed concentration, thus leading to improved learning. This research is known as The Mozart Effect because the music of Mozart, Bach and Brahms has produced the best test results.

These positive changes to your brainwaves also have a beneficial affect on your breathing and heart rates. Music can help to slow both down, which activates the body's relaxation response, which, in turn, allows one to cope with chronic stress. Music also helps the body by lowering blood pressure, boosting the immune system and easing muscle tension.

Here are some ways to make music part of your day:

- Start your day by listening to upbeat music
- Listen to music while on your way to work or school
- Listen to music while doing housework.
- Listen to relaxing music while eating to reduce stress, which, in turn, aids digestion
- Soothing music can help you get to sleep

As the poet William Wordsworth once wrote, "The music in my heart I bore. Long after it was heard no more." ♦

Ed Lettner owns The Music Studio in Etobicoke which has offered music instruction since 1990. He is an honours graduate of the Humber College Institute of Technology music program. For information about the programs at The Music Studio, please call 416-234-9268, email: ed@themusicstudio.ca or visit www.themusicstudio.ca



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Say Hello To Marko: Living Lighting Expert

By Marko Borys

With accreditation from the American Lighting Association as a Lighting Designer, the owner of Living Lighting Etobicoke, Marko Borys offers a free in-home consultation to those doing home renovations.

Make sure you create the right atmosphere at the end of the lengthy construction process by taking advantage of this personal & professional service. Would you let your contractor pick your faucets and hardware? Then why let them plan and pick your lighting style? Marko knows the importance of task and tone in the home and how to design a lighting plan to highlight your architectural features and artwork. At the end of the renovation process you want everything to come together to reflect your style and to function. The right mix of pot lights, sconces, flush mounts and decorative lamps (to name a just a few) is important to create the layers in lighting that are necessary for the right spread of light. You need to consider how your accessories will affect the glare of light, how to highlight the textures you are using in your home with light and enjoy the beauty in your home. Marko and the staff will consider and uncover opportunities to use backlighting and uplighting, the use of indirect lighting can add drama and warmth to any space. Would your contractor be in-tune to all these options?

In other rooms specific tasks need lighting consideration, such as make-up application for bathrooms and bedrooms, use of a kitchen island, or a desk. Let the lighting experts help you think about shadows, how dark furniture will affect the space and consult on the use of dimmers. Living Lighting has expertise for the inside of your home and outside. They are happy to help you with your landscape lighting as well as other outdoor fixtures. From fans to mailboxes they can design your entire home or business from the sidewalk, to the loft,



to the backyard. With over 20 years of personal service in the lighting industry and as a certified lighting designer, Marko and the staff have designed & styled numerous homes and business in Etobicoke and the GTA.

Don't let the design slip into the wrong hands. The staff at Living Lighting Etobicoke will handle your project with the care and consideration you would, but with the knowledge of the industry. Come into the showroom to see the quality in the product assortment, the care of customer service and the capability of our staff to design and fill your lighting needs. ♦

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Time: 2-6pm
Cost: Free

Every Thursday, Friday and Saturday
Jazz Nights at the Old Mill
@Old Mill, Home Smith Bar

The jazziest place to be throughout the fall and winter is the Home Smith Bar at the Old Mill Toronto, where some of the most important instrumentalists and singers on today’s jazz scene entertain in the charming intimacy of one of

Toronto’s best-loved lounges.
Time: 7:30-10:30pm
Cost: \$20

www.oldmilltoronto.com for dates and performers
Saturday, September 10 to Monday, November 21, 2016 (no class Oct 10) or Saturday September 17 to Saturday, November 19, 2016 (no class Oct 8)
Creative Journey with Toni Caldarone (Ages 5 to 8)
@Neilson Park Creative Centre

The glorious colours of fall are coming - are you ready to let your creative juices flow again? Travel this creative journey as Toni leads you into the exciting world of art making your own original creations whether it’s painting, drawing, sketching, making ‘stuff’ or experimenting. New student and returning students alike will always work on new projects using interesting materials and a variety of medium. Toni ensures that every season brings new and unique ideas where you will learn, grow and have fun. See you in September!
Time: Monday- 6-8pm. Saturday-10am-12pm
Cost: Monday- \$160, Saturday - \$144

Tuesday, September 13 to Tuesday, November 22, 2016 or Saturday September 17 to Saturday, November 19, 2016 (no class Oct 8)
Creative Exploration with Toni Caldarone (Ages 8 to 12)
@Neilson Park Creative Centre

Fall will be here soon and now is the time to start thinking about getting back into the creative swing of things. The fun and learning continues as Toni guides new and returning students through wonderful creative experiments exploring unique ways using a variety of media and materials and some of history’s famous artists to learn some basic art skills to produce amazing art work. As always, each season promises to bring new art-based projects and new ideas pending on the interesting materials gathered for the classes. You never know what you’ll create until we get together! Toni looks forward to seeing you this fall!

Time: Tuesday-6-8pm. Saturday-12:30-2:30pm
Cost: Tuesday-\$160. Saturday-\$144

Thursday, September 15 to Thursday, October 20
Drawing & Paint-

ing with Malcolm Cullen
@Neilson Park Creative Centre

Discover the exciting world of painting and creative drawing, from sketching to more advanced studies, using a wide variety of mediums.
Starting with the basics of drawing simple forms in the studio, the course will build and develop as participants gain the experience and skills to create more involved drawings, from portraiture to still life, people and animals to fantasy characters, using both observation and imagination.
Confidence in drawing is at the heart of the creative process and is the foundation of many types of future artistic endeavours including both fine art and design.
Time: 6-8pm
Cost: \$96

Saturday, September 17 to Saturday, December 3, 2016 (no class Oct 8, Nov 26)
Portfolio Building with Louise Zych (Ages 13+)
@Neilson Park Creative Centre

Each class is designed to sharpen your skills, stimulate your imagination and build a stronger portfolio. Whether you’re applying to secondary or post-secondary schools, been accepted, or just enjoy making art, this class will provide you with professional instruction, quality supplies and no repeated project! An excellent opportunity to round out your body of work!
Time: 1-4pm
Cost: \$160

Saturday, October 1
Neapolitan Connection Concert Series
@Montgomery’s Inn

Join us for classical music at the Inn in partnership with Neapolitan Connection. Tours of the museum and refreshments are included in the ticket price. Tickets available at <http://www.neapolitanconnection.com/>.
Time: 2-4pm

Thursday, October 6
Fret Not Ukulele Night
@Montgomery’s Inn

Our monthly ukulele gathering – the first Thursday of every month, with Doctor of Music instructor Chris Wilson. Come, sing, laugh, and make music. Bring your uke, but if you’re just testing the waters and don’t yet own one, let us know and we’ll loan you one for the night.
Time: Free chord workshop is at 6-7pm with the regular session from 7-9pm
Cost: \$15
For more information call Sue at 416.394.8120

Friday, October 7
P.A. Days
@Neilson Park Creative Centre

NPCC PA Day Camps are a variety of creative activities that include painting, drawing, storytelling, and games. Join us for a fun filled day of creating!

Time: 9am-4pm (extended care available)

Sunday, October 9 & Monday, October 10
Thanksgiving Buffett
@The Old Mill Toronto

Treat your family to our delicious traditional Thanksgiving Feast at our Brunch Buffet or the fabulous Thanksgiving Dinner Buffet at the Old Mill Toronto this year. Prepared by our talented culinary team, dedicated to making your family get together for a joyous Thanksgiving gathering.
For more information please visit www.oldmilltoronto.com

Tuesday, October 11
The Toronto Chapter of the Duke Ellington Society
@Montgomery’s Inn

The society is dedicated to the study and promotion of the music of Duke Ellington.
Time: 7:30pm
Cost: Membership fees are \$35 single or \$50 per couple with one free visit
For more information please call 416.239.2683 or visit www.torontodukeellingtonsociety.com

Thursday, October 13
Coffee and Music
@Java Joe’s, 1500 Islington Avenue

Sit back and relax with a cup of hot coffee while enjoying some FREE live music! The students of The Music Studio are here to entertain you with some fun instrumental and vocal tunes. Not available on October 13 no problem! We’re here every second Thursday of each month. Be sure to catch us next time!
Time: 7-9pm
Call 416.234.9268 or email lessons@themusicstudio.ca for more information visit www.themusicstudio.ca

Friday, October 14 to Sunday, October 16
Master and Commander – A Weekend in 1800
@Montgomery’s Inn

Immerse yourself in the fascinating world of the Royal Navy in Lord Nelson’s time. Enjoy a concert by renowned trio Gin Lane, the merchants’ market, historical meals by candlelight, dancing, demonstrations, hearth-cooking workshops, and much more.
For full details, visit the link www.JaneAustenDancing.ca or call 416.578.1031.

Saturday, October 15
Johnny & The Gem Tones
@The Old Mill Toronto

Join us for an evening of dining and dancing in the historical setting of the Old Mill Toronto dining room, while listening to the story of Rock ‘n’ Roll unfold before your very eyes and ears. Johnny & The Gem Tones brings back to life every major hit, from every major artist, from the Rock ‘n’ Roll era of the 50s and 60s. You’ll hear hits by Elvis,

Chuck Berry, Little Richard, Jerry Lee Lewis, Fats Domino, Bo Diddley and Bill Haley & the Comets. Also included are the Rockabilly classics by Eddie Cochran, Gene Vincent and Buddy Holly. The Doo-Wop era with groups like The Diamonds, The Del-Vikings and Dion and the Belmonts. Into the 1960s with The Beatles, The Rolling Stones, Herman’s Hermits, The Animals, Gerry and the Pacemakers and many others from the British Invasion. And also including American Pop artists like the Beach Boys, The Young Rascals and the Motown and Soul sound of The Four Tops, The Temptations, Marvin Gaye and Smokey Robinson and the Miracles.
Time: Doors open at 6pm
Cost: \$20+HST per person cover charge (non-refundable on same day cancellations)
For reservations and more information call 416.207.2020

Sunday, October 16, 23 and 30
Stop Motion Movie Making by Bricks4Kidz (Ages 9-11)
@Neilson Park Creative Centre

Lights, camera, LEGO® action! This unique class allows your child to use the medium of bricks to tell their story, complete with music, special effects and all their favorite LEGO® minifigures! Participants creativity will be encouraged as they plan, script, stage, shoot and produce their own mini-movie using Stop Motion. Work-

ing as a team, students will use LEGO® components to build sets and props and then shoot their movie using a digital camera. Teams will learn movie-making software to add special effects, titles, credits and more! Your child will be able to impress friends and family with a screening on the last day and a digital copy of all the groups’ movies to take home.
Time: 10am-12pm
Cost: \$96

Saturday, October 22
Royal Fair
@Royal York Road United Church

Don’t miss the fun of the Fair! Flea Market, Silent Auction, Books, Jewellery, Crafts, Quilts, Knitting, Country Store, Baking and the best Cafe in town!
Time: 9:30am to 1pm

Wednesday, October 26
Ladies Night Out
@Humber Valley United Church

An evening just for the ladies. Enjoy a wine reception and light supper with shopping opportunities at the bake sale, silent auction and vendors’ tables, plus a sale of ‘pre-loved’ purses! Highlight of the evening will be guest speaker, Joanne Goodwin with her amazing and amusing message, ‘Inspiring Possibilities’. Are you cleaning out your closet? Please donate gently

used purses. Proceeds support UCVW charitable initiatives.
Time: 6pm
Cost: \$25 (includes complimentary glass of wine or punch)
For tickets call: 416.236.0350 or 416.236.2282

Thursday, October 27
Etobicoke Historical Society Speaker Nights
@Montgomery’s Inn

Join the Etobicoke Historical Society for a talk by Kelly Matthews about Reliving the History of Eaton Hall. All are welcome.
Time: 7pm

Thursday, October 27
Thirsty Thursdays
@Montgomery’s Inn

The last Thursday of every month is Thirsty Thursday Tavern night at the Inn. Enjoy a glass of beer, wine, or a Thomas Montgomery specialty in our restored 1847 barroom! Montgomery’s Inn. Irish stew, fresh baked bread and live traditional music.
Time: 7-10pm
Cost: Admission is pay what you can! Cash bar, \$5 for a bowl of stew, while supplies last.

Saturday, October 29
Haunted Halloween Party
@The Old Mill Toronto

Pump up the volume and boogie down in the historical Old Mill Dining Room with the monster hits from the 70s to the top dance hits of today with DJ Ian! Get those creative juices flowing! Prizes will be given for the best costume, and most creative. Although costumes are encouraged feel free to come as you are and join the party.
Time: Doors open at 6pm
Cost: \$20+HST per person cover charge (non-refundable on same day cancellations)
For reservations and more information call 416.207.2020

Saturday, October 29
Shades of Old Islington: Graveyard & Tavern Tour by Lamp Light
@Montgomery’s Inn

Explore Montgomery’s Inn and the Islington Pioneer Cemetery after dark where you will hear chilling stories guaranteed to get you into the Halloween spirit. Inside the candlelit rooms of the restored Inn you will discover the perfect atmosphere for hair-raising tales. Spooky refreshments included. Pre-registration required. (Not recommended for children under 12 yrs. of age).
Time: 7-9pm
Cost: \$20+ HST

Want your event listed? Contact jallan@bestversionmedia.com with the details.

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FRI: 9:30 am - 9 pm
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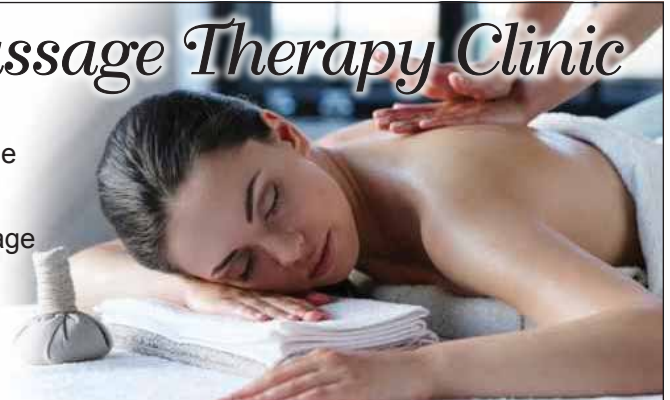
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